



MORECAMBE BAY



DISTANCE APPROX:
9 km / 5.6 miles



GRADIENT:
Gently undulating, one short steeper climb.



UNDERFOOT:
Mostly easy paths and lanes but some short sections over bare rock, slippery when wet. Be aware of steep drops along the coastal pathway.



PUBLIC TOILETS:
None en-route.



REFRESHMENTS:
Silverdale Hotel on Cove Road, just off walk route. Café at Wolf House passed nearby twice. Royal Hotel on Main Street, Silverdale (please note, no dogs).

Walk 4

CRAGS, WOODS & SHORES AROUND SILVERDALE

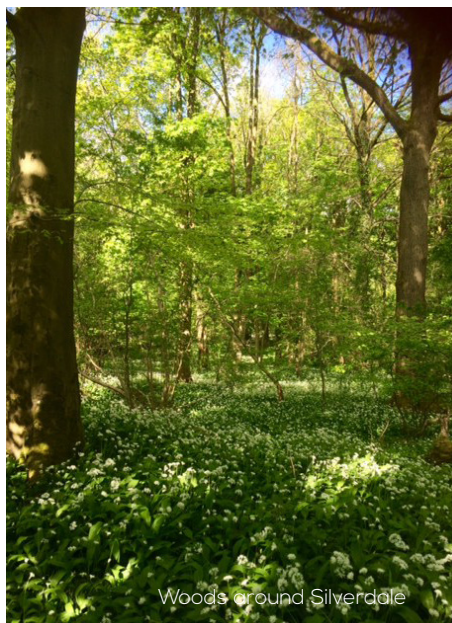
Lancaster district has a half share in the Arnside-Silverdale Area of Outstanding Natural Beauty (the rest is in Cumbria). This is an intricate patchwork of limestone ridges and crags, woodland, meadows, wetlands, salt marsh and more, with one of the richest ranges of flora in the country. The diversity is astonishing, and this walk takes in a fair sample of it.



Jenny Brown's Point © Copyright Tony West



Breakwater



Woods around Silverdale



Wolf House Gallery

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For any enquiries please contact: Morecambe Visitor Information Centre,
Old Station Buildings, Marine Road, Morecambe, LA4 4DB

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ExploreMorecambeBayUK



MorecambeBayUK

KEY: L: left • R: right • SA: straight ahead or straight across • FP: footpath • BW: bridleway

GETTING TO THE START:

There is a small National Trust parking area at Eaves Wood, just outside Silverdale. You can also reach the walk by train: from Silverdale station turn R along the road then take a FP L across the golf course to another lane. Waypoint 6 is 100m to the R.

1 START FOLLOW BROAD PATH THROUGH WOOD TO T JUNCTION

Go R then very quickly L. Climb steadily then level out near a ruin: just beyond this take L fork. Pass through a ring of beech trees, descend gently then slant down L and continue alongside high stone wall. Emerge onto tarmac lane and take another track almost directly opposite, just R of white cottages. Keep SA on narrower path (Wallings Lane), a drive, another track and another narrow path to wider road. Bear R here then in 200m bear L down a cul-de-sac (Cove Road). At end go through gate to shore.

LOOK OUT FOR: The magnificent beech ring; other specimen trees in the former pleasure ground of Eaves Wood; high 'spite walls' built to block intrusive neighbours' views.

2 THE COVE 2 KM / 1.25 MILES

Recent erosion has removed hectares of salt marsh turf and left a very stony shore. If it looks too rough, or the tide is too high, take the following short-cut: take path going L through a small gate (signed The Lots) above cliffs and across fields; the way is always clear. At end go R along road then bear L along Lindeth Lane.. Walk L, below cliffs, to The Shore and a parking area. Walk up road to just below Silverdale Hotel. Go R on FP alongside Beach Garage. Follow narrow path to rejoin road. Go R until road swings away L (Wolf House Gallery and cafe just round corner).

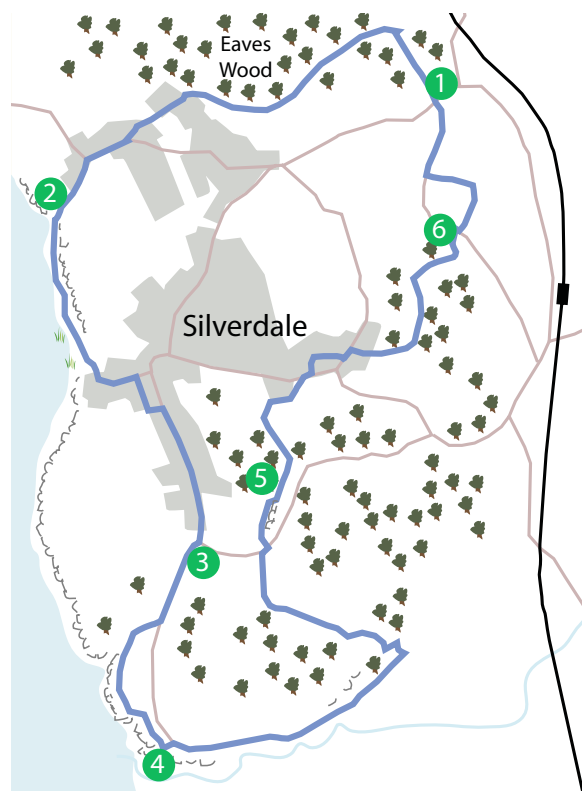
3 WOLF HOUSE 3.5 KM / 2.2 MILES

Bear R down lane signed 'Jenny Brown's Point'. Look for gate on R, with National Trust sign 'Jack Scout'. Just in from gate, drop down L to lime kiln then walk directly away from it. Swing L above steep drop. Descend, with some exposed rocks, then turn slightly inland, through a dip and up to wooden gate. Go through trees to Jenny Brown's Point.

LOOK OUT FOR: The unmistakable Lindeth Tower, a favourite holiday home of the great Victorian novelist Elizabeth Gaskell. The 'breakwater' extending from Jenny Brown's Point is all that remains of a failed land reclamation scheme.

4 JENNY BROWN'S POINT 4.8 KM / 3 MILES

Rejoin lane and go R, to end at Brown's Houses. Skirt below houses on bare rocks and stones. At old chimney the going gets much easier. Keep on just below rocks and rising ground to stile, go up slightly, then along (take care on slippery rocks) to signpost. Turn L up steep winding path to gate into Heald Brow. Continue through rocky woods to meadow. Cross step-and-gap stile then SA through fields to wooden gate among trees near large shed.



Follow narrow track down R. Cross road to gap in wall. The path forks. The upper branch avoids descent and rocky climb back up, but the lower route is more interesting. Walk below crags to Woodwell.

LOOK OUT FOR: The old chimney is the sole remnant of a copper smelting mill active around 1800. The natural spring in the cliffs (Woodwell itself) and the square pool below, originally used for watering cattle, now haunted by dragonflies in summer.

5 WOODWELL 6.8 KM / 4.2 MILES

Path signed 'The Green via cliff path' leads to natural staircase; agile people may manage a hands free ascent. At top go SA to join broader path (the upper route rejoins here). Enter field, go up slightly, then through more woods. Stile on R and narrow path lead to road. Go R, then L into The Green. Keep R at fork then L on wider road for 50m. Go R on FP signed 'Burton Well Lambert's Meadow'. Track swings L and passes Burton Well. Enter Lambert's Meadow. Go R over footbridge then SA to gate. Climb up, with some steps. Just over top fork L and skirt a pool (Bank Well) into lane. Go R then L on FP signed 'Dogslack Well, The Row'.

LOOK OUT FOR: Burton Well, very similar to Woodwell; damp, flower rich Lambert's Meadow; pond life at Bank Well.

6 BANK WELL 8.3 KM / 5.2 MILES

Follow track past Dogslack Well. Just before gate cross stile on L and follow narrower path over rise then alongside garden to lane. Turn R and at end go SA into Eaves Wood car park.

LOOK OUT FOR: The pump and shaft of recently restored Dogslack Well.